



## Snuggle Bag

### **BJ-EVBFP/ BJ-EVBFM/ BJ-EVBFG**

Snuggle, rock, swing,... feel the comfort and the wellness

This cosy bag embraces and surrounds the user putting him in a fetal position and allowing swinging and rocking.

It provides **multiple benefits for the proprioceptive and vestibular areas**; and it is optimal for its use at **home, hospitals, kindergartens, schools**, as well as **sensory rooms**.

Besides, it helps with emotional **regulation** affecting very positively to its users and providing them with great sense of security and calm.

The three sizes related to three different weights make it ideal for every type of user.

- **Snuggle Bag Small:** suitable for people who weigh **less than 12 kg**. (BJ-EVBFP)
- **Snuggle Bag Medium:** suitable for people who weigh **between 12 and 50 kg**. (BJ-EVBFM)
- **Snuggle Bag Large:** suitable for people who weigh more than 50 kg, (**up to 80 kg**). BJ-EVBFG

The snuggle bag needs an [anchor support](#) for hanging it in the ceiling and make the user stay in fetal position, being embraced by the clothes and allowing swing and rocking.

Independent of the ceiling you have, you still can hang the snuggle bag very easily. Ask us for the [False Ceiling Extension](#) **in case you have a suspended or false ceiling**.

Swing, rock, put yourself in fetal position,... this snuggle bag is ideal for proprioception, comfort and wellness.

[Anchor Support](#) for the bag not included. Find it [here](#).

Benefits:

- Whole contact with the bag
- Possibility to feel the body limits
- Possibility to feel volume and weigh

Movement:

- Vestibular Area: swing movement back and forth, lateral and rotation
- help with the activation and coordination of the visual system
- Help in space orientation
- Rythm, relation with the environment
- Reinforces balance

Fetal Position:

- Emotional benefits. Association to womb
- Elimination of flatulence (breastfed colics)
- Embracing and contention
- Disminution of muscular tone
- Good stretch of back

Postural change:

- Prevention of ulcer
- Good rest

Person's regulation:

- Calm and security
- Body relaxation
- Adequation of attention's state

